

*It costs a lot
of money to
look this
cheap.*

Dolly Parton

THE LOCAL RAG

ALVERDISCOTT AND HUNTSHAW

Welcome to the June
Edition

Volume 13 Issue 5

2016

Editorial

Garden Party

What is a Garden Party? If you belong to the WI much will have been made of your One Hundredth Anniversary and the Garden Party held by the Queen. Some of you may have attended the Garden Party at Buckingham Palace. Or you may have gone to the Albert Hall for the celebration there.

Essentially a Garden Party is a gathering of people in celebration or to raise funds. There will be many Garden Parties in celebration of the Queen's ninety birthday, in fact there will be one at Alverdiscott on June 11. We hope that you have got this in your diary. There will also be one at **Webbery Cross Cottage on Thursday 30 June at 3.00 pm entrance fee £4.50**. This is a fund raiser and the money raised will go to "The Devon Freewheelers" a very worthwhile charity. It supports motor cycle riders, all volunteers, who take blood and organs for patients in hospital and a lot more besides.

You should find a Flower Show Schedule inside this issue of the Rag. If it's missing or you need extra copies do please get in touch.

The Flower Show may seem a little way off yet, but the QEII Birthday Bash is coming up on 11 June at Alverdiscott Hall. There's a reminder on p6 and it would be great to see you there to help celebrate her majesties big day. One way you can help to ensure it's a great event is by bringing a cake or trifle or something else yummy to eat and share!!!

Bach Flower Remedies

Bach flower remedies (BFRs) are solutions of brandy and water—the water containing extreme dilutions of flower material developed by Edward Bach, an English homeopath, in the 1930s. Bach claimed that the dew found on flower petals retained imagined healing properties of that plant. It is said that he discovered 38 such remedies. Systematic clinical trials of Bach flower solutions have found no efficacy beyond a placebo effect.

The solutions contain a 50:50 mix of water and brandy and are called mother tincture. Stock remedies, the solutions sold in shops, are dilutions of mother tincture into other liquids. Most often the liquid used is alcohol, so the alcohol level by volume in most stock remedies is between 25 and 40%. The solutions are usually further diluted before use, typically into a treatment bottle that contains two drops of one or more stock remedies in water. The solutions do not have a characteristic scent or taste of the plant because of dilution. The dilution process results in the statistical likelihood that little more than a single molecule may remain; it is claimed that the remedies contain energetic or vibrational nature of the flower and that this can be transmitted to the user. The solutions are described as vibrational medicines, which implies they rely on the pseudoscientific concept of water memory. They are often labelled as homeopathic, but are not really homeopathy as they do not follow other homeopathic ideas such as the "law of similars".

There is also the Treasure Hunt coming up on 3 July, see p8 for details.

Red kites have again been seen over Woodtown, in early April, and in our garden, in the last 3 weeks, there have been chiff-chaffs, black cap, bull finches and willow warblers. All signs that spring is here and summer must be getting closer.

Also the house martins have just appeared. Seems like only 2 pairs at the moment but they are already checking out the condition of their old nests.

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Special Points of Interest

- ✎ Garden Parties
- ✎ "BFR's"
- ✎ Flower Show Schedule
- ✎ Bring a Cake on 11 June
- ✎ Red Kites Seen
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- ✎ Kid's Corner
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- ✎ Café Worship
- ✎ Craft Group
- ✎ Queen's Garden Party
- ✎ Flower Show Update
- ✎ NT CC Open Day
- ✎ Open Garden Day at Little Webbery
- ✎ Treasure Hunt 3 July
- ✎ Puzzles

Publication and Distribution

The Alverdiscott and Huntshaw Local Rag is produced by the Editor and Assistant Editor and is distributed, free, by a team of volunteers, to every residence in our area. Finance is provided by the Parish Council, income from advertisers and donations from community organisations and individuals. Local reporting is easy, you can e-mail your items to:

thelocal.rag@btinternet.com

or drop it into Webbery Cross Cottage. The more articles you send, the more likely the Local Rag is to continue. The last date for inclusion in the next issue is **the 20th of each month**. The editor reserves the right to accept, reject or amend any article submitted. Any article published does not necessarily reflect the views of the editorial team.



What a jolly good read...

And Remember

If you've got any local news or **anything** you want to say or maybe get off your chest, the Local Rag is here for you. Just include your name and address. If you want these to be withheld we can do that. We only put it together, the content comes **from you...**

+++++Kids Corner Needs YOU!+++++

The Local Rag is in need of someone to take over the Kids Corner. If you have a secret longing to give it a go, now is the moment. The chair is vacant. Are you big enough to take on the challenge? Email or give us a call.

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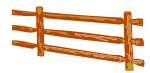
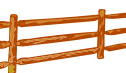
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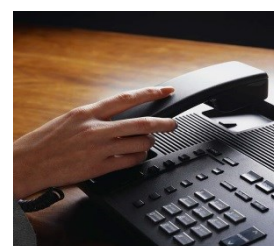
Emergencies

Police - Fire etc. 999
Electricity 0800 678 3105
Gas 0800 111 999
Water 0800 169 1144
RSPCA 0300 1234 999

Advice Lines

Police - New Number 101
Crimestoppers 0800 555 111
CAB 01805 626 126
FCN 0845 367 9990
Samaritans 0845 790 9090
North Devon Council 01271 327711
Torrridge District Council 01237 428700

Community Contacts



Community Hall Bookings

Alverdiscott David Potter
01271 858534
Huntshaw Gill Easterbrook
01805 623113

Medical

NHS - New Advice Number 111
Barnstaple Hospital 01271 322577
Bideford Hospital 01271 322577
Torrington Hospital 01805 622208

Church Services

Anglican Community
Rector Rev Mike Clark
01769 560870

Church Services June 2016

June 5th	2nd Sunday after Trinity.
Alverdiscott	9.30 Holy Communion (CW)
Tawstock	11.00 Holy Communion (CW)
Newton Tracey	11.00 Holy Communion (CW)
Yarnscombe	6.30 Evening Prayer (BCP)
June 12th	3rd Sunday after Trinity.
Horwood	9.30 Morning Worship (CW)
Yarnscombe	10.00 Family Service
Huntshaw	11.00 Holy Communion (BCP)
Tawstock	11.00 Songs of Praise
June 19th	4th Sunday after Trinity.
Alverdiscott	11.00 Morning Worship at Church
Tawstock	11.00 Holy Communion (CW)
Newton Tracey	11.00 Morning Worship (CW)
Yarnscombe	6.30 Holy Communion (BCP)
June 26th	5th Sunday after Trinity.
Horwood	9.30 Holy Communion (BCP)
Yarnscombe	9.30 Morning Prayer (BCP)
Tawstock	11.00 Family Service
Huntshaw	6.30 Evening Prayer (BCP)
July 3rd	6th Sunday after Trinity.
Alverdiscott	9.30 Holy Communion (CW)
Tawstock	11.00 Holy Communion (CW)
Newton Tracey	11.00 Holy Communion (CW)
Yarnscombe	6.30 Holy Communion (BCP)



www.tworiversteam.org.uk

Alverdiscott Methodist Chapel

Minister Rev John Kenneth Morgan
01805 628041

5 June	11.00 am 6.30 pm	Hazel Barwise At Thornhillhead
12 June	11.00 am 6.30 pm	Rev Ken Morgan S At Torrington
19 June	11.00 am 5.00 pm	Parish Church US Café Worship LA
26 June	11.00 am 6.30 pm	Rev Stuart Fuller Concert with the Ringsash Circuit Choir



www.torridgecircuit.co.uk www.methodist.org.uk

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Mike's Message

Two Rivers Mission Community News

You will probably know by now that our curate, **Rev Katie Cross** has been appointed as Rector of the Netherexe Parishes north of Exeter. We are delighted for Katie and her family and know that her new parishes have made a very wise choice! We will miss Katie and her family very much. Katie will be licensed on September 1st. It would be great if members of our Mission Community could be there for that event. More details to follow soon. Katie's last Sunday with us will be July 17th. We will be having a special service on that day-again more details to follow next month.

We hope to be in a position very soon to advertise for a **new Team Vicar** who will live at Newton Tracey. This will be a full-time post for a period of three years to help us make the transition to the reduced staffing that will be necessary after that. Please pray for God's right person to join us.

Thy Kingdom Come. All 11 churches were open for prayer in the week before Pentecost (May 15th) and at the end of the week we joined together at St Giles Church to pray some more and share what we felt God is saying to us. Several people shared thoughts and encouraging stories. One of those was to remind us not to stop or to give up. Keep praying! Really good resources for the week of prayer are still available at thykingdomcome.co.uk

Maintaining an open parish church is a huge challenge in some of our smallest communities. This is particularly true at the moment for Huntshaw and Alverdiscott. We believe that open parish churches are vitally important for our communities but the practicalities weigh heavily on a reduced group of people. At **Alverdiscott's annual meeting** we discussed how we might manage for the next nine months or so without church wardens and are in conversation with the diocese about the longer term future. In due course we will have a meeting for the parish to talk more about the issue.

Huntshaw's annual meeting was postponed for several reasons. It will now take place on **June 14th, 7.30pm in the village hall. This will be open to all members of the church electoral roll. In fact we would welcome anyone who values the parish church to be part of the conversation about how we ensure the church is there for future generations. Please come if you are able.**

Every blessing - Mike

Kid's Corner

Bird Search - 28 birds to find.

N	O	R	E	H	L	A	E	T	I	K	L
A	I	B	I	S	T	O	M	T	I	T	A
W	B	G	O	L	D	F	I	N	C	H	R
S	L	O	H	S	H	A	G	K	R	C	K
W	A	W	O	T	U	F	C	O	O	T	H
O	C	R	X	K	I	O	X	K	W	A	S
R	K	E	S	S	C	N	C	U	Y	H	U
R	B	N	H	L	L	U	G	A	A	T	R
A	I	E	W	A	D	K	C	A	J	U	H
P	R	R	O	B	I	N	O	W	L	N	T
S	D	W	O	O	D	P	E	C	K	E	R

ROBIN	WOODPECKER	THRUSH
CUCKOO	SPARROW	JACKDAW
SWAN	NUTHATCH	TOMTIT
GOLDFINCH	OWL	BLACKBIRD
HERON	KINGFISHER	WREN
	NIGHTINGALE	

Slow Down - Cattle Crossing

Ian and I (Cath), along with our team, are dairy farming at West Webbery Farm. I'm sure many of you will have been held up whilst the cows were crossing the road so we feel it only right to firstly thank you all for your patience with this, but also to let you know what's happening on the farm.

We milk 350 cows and through the spring these are run as 2 groups, the high yielders and the low yielders. It's probably the low yielders you have seen crossing the road. We also have a further 180 head of youngstock who are our future herd, having their first calf and producing their first milk aged 2. We like to calve the entire herd in as tight a window as possible from the beginning of August. Due to TB, our calving block is a little longer than we'd like this year but we will be finished by the end of October. This Autumn block calving system allows us to focus our management at particular times of year. This is key to the success of our business, forcing us to focus on critical profit drivers for any dairy farm, especially fresh cow health and fertility, production of high quality forage and heifer rearing.

At this time of year, we are trying to produce as much milk as we can from grass and a small amount of concentrate in the milking parlour. To do this, we give the cows fresh grass after every milking and we need them to graze it down tight, so the regrowth is high quality. Every bite counts and so we reseed a few fields each year to maximise productivity. This is the cheapest way to produce milk and with the current dip in milk price it's essential to keep our costs down. We enjoy seeing the cows at grass too. It's also silage time. We cut every 5 weeks from the end of April/start of May.

In June we start drying off. The cows stop milking and have a 6-8 week holiday ahead of their due date, before the cycle begins again. So for now, we welcome the warm weather and the odd heavy downpour to keep the grass growing and the cows happy.

Cath and Ian Ratcliffe.

News From Around The Parish

Alverdiscott Gardening Club
Contact - Cynthia Courtney on 858237.
Meeting fee is £1 which includes tea and
biscuits. Next meeting will be on **27 June at 2.30
pm.**

Alverdiscott Methodist Church - EXPLORE
An interactive Bible Study Fellowship, starting with
tea or coffee, with a choice of hymns and shared
prayers. The next EXPLORE service will be on
31 July at 6.30 pm.

The Coffee Morning in May raised £126 for
Action for Children. The next Coffee Morning,
which will be on **02 June** from 10 am until noon, is
for **Methodist Homes**. Come and enjoy good
coffee, good company and support a worthwhile
cause. Our Coffee Mornings are very popular and
enjoyable social occasions.

Café Worship - The next Café Service will be on
June 19 at 5.00 pm and will be led by the
congregation. Come and enjoy Sunday afternoon
tea - and maybe learn a thing or two as well!

Alverdiscott Craft Group

The Craft group meet at Alverdiscott Chapel on
the second Tuesday of the month - next meeting is
14 June 2016 at 10.30 am, but you can pop in when
you want and leave when ready.
The Chapel has ample car parking. Cost is £1 per
meeting. All are welcome.
For more information call Stuart Fuller on 01271
858258 or email stuart.fuller454@btinternet.com

Queen Elizabeth's Birthday Celebration

Alverdiscott Community Hall

On Saturday 11 June From 2.30 to 5.30pm

a "Royal Garden Party" to

Celebrate the Queens 90th Birthday

Entrance is Free to Include

Cream Teas - Cakes - Strawberries and Cream

And a Glass of Fizz For a Royal Toast

Giant Games - KerPlunk - Jenga etc.

Music from Peter Kirk - Entertainment

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!!Feel Free to Bring Something Yummy to Share!!

Alverdiscott Flower and Produce Show

6th August 2016

If you grow it - show it!

After lengthy discussions by the Hall Committee the
schedule for the Flower and Produce Show will see
some major changes this year. We are hoping to appeal
to those of you who just grow fruit and vegetables for
your own use, not specifically for showing. If you have a
vegetable patch in your garden we are sure you will find
a category to enter.

Maybe you don't grow vegetables but love flowers;
hopefully there will be one or two categories that you
can enter. If you like to display your flowers there is
now a Floral Art Section. This will include a hanging
basket and patio tub; both new for this year.

Those of you who love Arts and Crafts will also find
some new categories. We have also extended the
Photography section to include some specific subjects.
There are also some additions to the Cookery Section
including a cake made from any vegetable, an apple pie
and homemade sweets.

We haven't forgotten the children; there is a class for
them and of course they are eligible to enter any other
category on the schedule.

Finally, there is a Novelty Section. You can show your
weird shaped vegetables, the ones the slugs have eaten
and even display some of the weeds from your garden.

If the show is to continue we need support from the
local community so please look closely at the schedule
and see what you can enter.

You will find a copy of the schedule in this copy of the
Local Rag and it is also available on the Parish Council
Website.

Newton Tracey CC to host Club Open Day Supported by Waitrose as part of National ECB Campaign.

Newton Tracey cricket club is preparing to throw open its
pavilion doors to the local community on **Saturday 4 June** as
part of a nationwide initiative to help boost grassroots cricket
participation.

The club is inviting all local cricket fans and people who are
interested in finding out more about the club, to head along to
the ground for the day to watch some cricket, get involved in
a range of taster sessions and enjoy some food and drink, in a
bid to entice new members to sign-up.

Newton Tracey Cricket Club runs 3 adult teams every
weekend during the cricket season and 4 junior sections that
run on Wednesdays.

For more information about Newton Tracey CC's Open Day
and details of how to join the club please contact:

Graham Moore on 07760 197550 or go to:

Newtontracey.play-cricket.com

Parish Council News

The next Parish Council meeting will be held in Huntshaw Hall on Wednesday 13 July at 8.00 pm.

The Parish Council want to say thank you to all those who attended the Annual Parish Meeting and hope to see even more next year.

At the AGM, Councillor Dave Dalzell was once again proposed and accepted as Chairman and also Councillor Peter Denard as Vice Chairman. Thanks also go to all the Councillors who accepted, or agreed to remain, in all the necessary roles.



Thanks must also go to Wendy and Fleur Rickard for providing the refreshments at short notice.

The Local Rag is grateful to the Parish Council for the donation received towards its production costs.

Current Planning Applications

Application Number and Date	Description	Parish Comment Date	LPA Decision And Date
	There were no new planning applications at this time.		

Parish Clerk Jean Huxtable: Garnacott Farm, Huntshaw, Torrington, N Devon, EX38 7HG

Phone: 01271 858282 - Email: jean-huxtable@hotmail.co.uk

The Parish Council Website is: www.alverdiscott-huntshaw-parish.org.uk

Alverdiscott and Huntshaw

Parish Councillor Names and Contact Numbers

Dave Dalzell - Chairman	01271 858541	Eddie Staines	01805 623255
Peter Denard - V Chairman	01805 622453	Peter Butterworth	01271 858701
Francis Courtenay	01271 858322	Colin Webber	01271 858419
Peter Ley	01271 858230	Andy Rickard	01271 858470
Donald Easterbrook	01805 623113	Allan Clements	01271 858555

**Garden Open Day at Little Webbery
Webbery on Alverdiscott Road**

Sunday 26 June
Between 12 - 5.00pm.

There will be an entrance fee of £3, with all proceeds going to a great local charity, "**Chemohero**".

Please come along to have a stroll around the beautifully varied and interesting gardens, sit under the mulberry bush and enjoy some tea and homemade cakes, in the hopefully, glorious sunshine!

For further information, please contact the Chemohero Facebook page or contact Steve on 07732 325730. On the day, follow the Chemohero signs, there will be plenty of free parking!

**Alverdiscott Community Hall
Treasure Hunt
Sunday 3 July - 1 pm**

Drive round the local area to solve the clues

Start from the community hall at 1.00 pm. You will be given a list of clues to be solved at various locations. It will be up to you in which order you visit these and how you get to them. Total mileage will be approximately 25. Back to the hall for tea and cake.

Entry fee will be £3 per head, £2 for children, maximum number per car will be 5. Suitable for all the family. Sound like fun? Contact Liz and Graham White on 01271 858441 or bulworthy@aol.com or Dave Potter on 01271 858534 to reserve your place.

So that we can ensure we comply with legal requirements entries must be made in advance. Please note, this is not a race and you participate entirely at you own risk.

Leisure

Su Doku Puzzle No. 119

Good luck...

		9		5		6		
	8		3			1	7	
5	7							8
				8			9	
7			6		5			2
	4			1				
4							8	7
	1	3			6		5	
		7		4		2		

Solution to Su Doku No. 118

How did you get on?

Let us know if you solved it or if you didn't!

1	3	8	6	2	7	5	9	4
4	2	9	5	1	3	7	8	6
5	7	6	8	9	4	3	2	1
2	1	5	3	7	6	9	4	8
3	8	4	9	5	2	6	1	7
6	9	7	1	4	8	2	5	3
9	6	3	4	8	5	1	7	2
7	4	1	2	6	9	8	3	5
8	5	2	7	3	1	4	6	9

Last time the word was: Bedspread

Only For Fun. You have 15 minutes to find as many words as possible using the letters shown in the grid. Each word must contain four or more letters, one of which must be the central square. No letter may be used more than once in each word. No proper nouns, plurals or foreign words allowed. There is one nine letter word for which the clue is - Place of Worship
Word count 20 = V Good. More than 30 = Excellent!

A	L	A
H	E	R
D	T	C